

Softball Bat Check Recommendations

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| Safety Grip | Make sure the safety grip is in good shape and is 10-15 inches long. |
| End Cap | Check the end cap for being in place and secure. |
| Joint (above the handle) | Check for flex at the joint. There should be very little flex and no wobble at this joint. (not all bats have a joint) |
| Cracks | Check the barrel for cracks. Look for cracks at near the joint. Also check for bats starting to splinter. |
| Rattles | Vigorously shake the bat checking for rattles. Grab the handle and hit the barrel end into your open hand listening for a different sound. Bats are not manufactured with rattles. |
| Helmets | Most helmets fail inspection because of a loose or missing screw in the face mask or missing padding on the inside. |

Video: <https://www.youtube.com/watch?v=YVlqrtgTQsA>