SWIMMING

JUMP IN THE WATER

AS SEASON WINDS DOWN, SWIMMERS LEARN HOW TO OVERCOME ADVERSITY, TIMES

STORY BY
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The sharp whistle slices through the humid air as **Lyla Mayle (10)** grips the edge of the pool, steadies her breathing and dives in, arms cutting clean lines through churning water.

Beneath the splashes and echoes, Mayle races not just against the clock, but against fatigue, doubt and the limits of her own endurance.

"I've kind of just always really liked it as a sport," Mayle said.

Mayle said swimming has taught her determination, a lesson she carries outside the pool.

"It makes me work harder because I can see results with swimming," Mayle said. "So, I feel like it's made me work harder in all aspects of my life."

NEW CHALLENGES AWAIT IN THE DEEP END

Freshman **Charles Walenz** experiences that exhaustion daily through constantly changing practices.

"All the work that comes in, like in your mind when you're swimming," Walenz said. "So much like how hard you should finish and how hard you should be going during the race."

Delaney Ochsner's (09) connection to swimming and diving began through country club competitions, where she discovered a love for the sport — and the commitment it requires.

"You have to put in a lot of hours," Ochsner said. "It's not just a sport you can be good at."

ONE ARM AT A TIME

With one arm raised and moving forward, **Colin Kelln (11)** swims during the 500 freestyle. Kelln's motivation and support system runs through those closes to him. "My motivation to keep swimming is my teammates," Kelln said. "They support through thick and thin and every milestone is turned into a big celebration. When I don't do great they still congratulate me on my hard work." Photo by George Whitbeck