

WHAT SHAPES JUST

"My sisters because they taught me life lessons."
Say Bwe, Sr.

"My favorite part of the season was when our coach bought or gave us food."
- Eh Ney Ler Htoo



Swing It

Players tee off to start each hole

The most nerve wracking part of golf was starting the drive with everyone watching. Each player felt nervous because it anticipated how the rest of their day would go. "I wasn't confident in my skills," senior **Hsa Pa Pwot** said. "Going to matches regularly helped me build that confidence."

Though starting the first hole was scary, being in the moment was magical. "I loved when I teed off and the ball made a loud cling while it disappeared onto the grass," senior **Naomi Ka** said.
By Paw Plo Say

Season Is Out

The team ends the season with a banquet



Taste Of Success
While out on their end of the season banquet, sophomore **Myo Soe** takes a sip of the noodles she ordered. She had fun with her teammates as awards and gifts were being handed out. "Golf showed me that I was more determined than I thought," Soe said. "I improved quickly on criticism." Photo by Kay Meh

Surprise For The Coach
With all the girls finishing up their plates, head coach **Matthew Pick** was surprised with a gift from each of the players. He opened them one by one with a big smile. "When I opened the gifts from the girls I was overcome with emotion," Pick said. "I was so incredibly thankful for what they gave me and it made me even more proud to be part of the team." Photo by Kay Meh



Warm Meals and Warm Smiles
As the team eats their food, sophomore **Samarika Subba** makes conversation with her friends. Throughout the season she was a very positive teammate. "Golf seemed like a new opportunity that was enjoyable," Subba said. "It was physical and it kept me healthy without draining my energy." Photo by Kay Meh



Way to End the Show
While everyone starts eating, freshman **Eh Ney Ler Htoo** enjoys the spaghetti she ordered. She didn't get to play a lot that season as a first year, but she was always very supportive and cheered on her team. "Golf taught me to be patient and focused on my goal," Htoo said. "Even though I didn't get to play a lot I loved to practice with the girls." Photo by Kay Meh



FUN in putts

Golfers practice and sink putts

What shaped these golfers most wasn't just their score, but how they responded to it. Each hole tested their mindset, and kept their heads up even when the outcomes weren't what they expected.

Focus and perseverance shaped senior golfers **Naomi Ka**, **Say Bwe**, and **Kay Meh** as they carefully made each putt at Mahoney and Shoreline golf courses, aiming to finish each hole on a strong note.

"When my putt went in I felt a relief to move on to the next hole," Ka said. "If it didn't I kept trying until I maxed out."

As the season progressed, the players learned that managing their emotions shaped not only their mindset, but also their performance on the course.

"I learned to control my feelings," Meh said. "Whenever I got a bad shot, I got mad at myself but as I kept playing I realized I wasn't alone."

Learning to maintain their emotions was only part of what helped them in the season.

The challenges they faced through the season tested their character and revealed the strength that came from their perseverance.

"The hardest part of the match was being okay with the outcome of the game," Bwe said. "It wasn't always going the way I wanted it to so I didn't try to push myself too hard."

Moments like these molded the golfers into becoming more independent players.

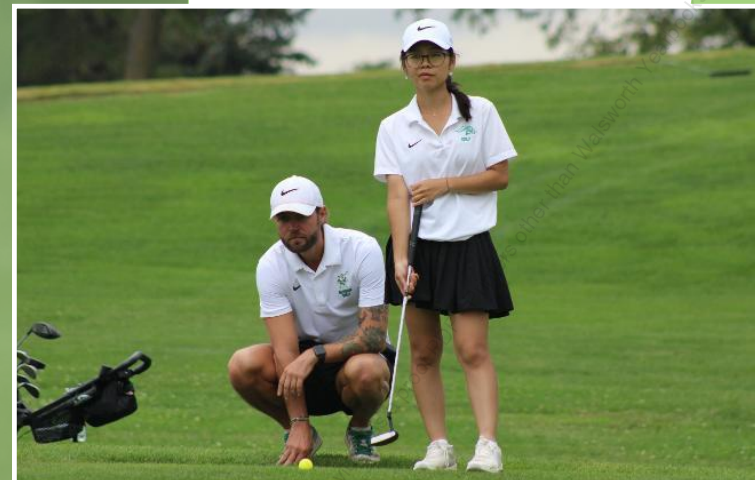
Learning to rely on themselves, both mentally and physically, helped them grow stronger with each match.

"I thought golf was a big factor in helping me become independent," senior **Hsa Pa Pwot** said. "I stopped putting my focus on how other people viewed me."

By Paw Plo Say



Putts For The Win
On the third hole for the day, senior **Naomi Ka** carefully makes her shot to get a bogey. She was calm and took her time to make sure she would get her ball in. "My strength in golf was having a 10/10 mindset," Ka said. "This helped me move on and forget about the earlier bad strokes and swings." Photo by Jack Agbeve



Measuring Shots
Calculating where to putt her ball, senior **Say Bwe** waits for her opponent to finish. With coach Pick's guide, she made her shot. She didn't make it her first try, but succeeded on her third. "My coach helped me a lot as a first year golfer," Bwe said. "He motivated me to do better each match." Photo by Paw Plo Say

Just Getting Started
A few minutes before the first tee off at Mahoney Golf Course, senior **Kay Meh** practices putting some balls to warm up for the matches. She was consistent with many of her putts and she didn't stress over the bad ones. "Golf made me happier," Meh said. "I was more productive and my team was nice to me." Photo by Jack Agbeve

Q&A

Players answer how golf has shaped them as a person



"I learned more about teamwork and not giving up easily." Kay Meh, Sr.



"I got better at building persistence and endurance as it took a lot of patience." Hsa Pa Pwot, Sr.



"I became more motivated to be better as a person in general." Myo Soe, So.

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